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SAHEEH NAMAAZ-E-NABAWI

(Takbeer-e-Tehreemah Se Salaam Tak)

**Alhumdulillaah Saheeh Ahaadees Ki Raushni Se
Bataaya Jaa Raha Hai.**

NAMAAZ SHURU KARNE SE PEHLE NIYYAT KARNA.

**Pehle Tou Yeh Baat Jaanley Ke Niyyat Ka Matlab Dil Se Hota Hai
Aur Zabaan Se Iqraar Hota Hai Niyyat Nahi.**

1. Ibn Taimiyyah (Rahimahullaah) Ne Kaha :

"Islaam Ke Chaar (4) Imaamon (Abu Haneefa, Shaafiee, Ahmad Bin Hambal, Imaam Maalik) Ke Ijmaa Ke Mutaabiq Namaaz Ke Liye Zabaan Se Niyyat Nahi Karna Chaahiye. Balke Niyyat Ki Asli Jagah Tou Dil Mein Hai." [Fataawa Al-Kubra : 1/214-15]

2. Ibn Al-Qayyim (Rahimahullaah) Ne Kaha :

"Zabaan Se Niyyat Karna Nabi (Sallallaahu Alaihi Wa Sallam) Se Saabit Nahi Hai, Na Sahaabah Se Hai, Na Taabaeen Se Aur Naa Hi Chaar (4) Imaamon Se Saabit Hai."

[Zaad Al-Ma'aad, Vol-1, Pg : 201]

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3. Ibn Al-Qayyim Ne Kaha Ke :

"Jab Nabi (Sallallaahu Alaihi Wa Sallam) Namaaz Ke Liye Tehartey Tou Woh 'Allaahu Akbar' Kehtey Aur Woh Is Se Pehle Aur Kuch Nahi Kehtey Aur Na Hi Woh Zabaan Se Niyyat Kartey The. Woh Aisa Nahi Kehtey The Ke Mai Yeh Ya Yeh Namaaz Padhney Jaa Raha Hoon Aur Qiblah Ki Taraf Mooh Karta Hoon Chaar Rakat Imaam Ke Taur Par Ya Imaam Ke Peechey Padh Raha Hoon.

Yeh Sab Bidaat Hai Jo Kisi Muhaddis Ne Nahi Bataaya Ke Yeh Saheeh, Zaeef, Musnad Ya Mursal. Aur Na Hi Yeh Nabi Se Saabit Hai Na Sahaabah Se Na Taabaeen Se Aur Na Hi Chaar (4) Imaamon Se Ke Aisa Karna Mustahab Hai.

[Zaad Al-Ma'aad : 1/201]

FAAEDAH : In Sab Ulamaa Ke Fataawon Se Yeh Pata Chala Ke Kisi Bhi Namaaz Ke Liye Zabaan Se Niyyat Karna Jaaez Nahi. Aur Yeh Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ki Ta'leem Ke Khilaaf Hai.

Kya Aurat Ki Namaaz Ka Tareeqah Mard Ki Namaaz Se Alag Hai ?

Aurat Ki Namaaz Mard Se Alag Hargiz Nahi Hai Aurat Ki Har Haalat Sajdah Aur Baithney Waghairah Mein Bilkul Mard Ki Tarah Hi Hai **Lekin Sirf Pardey Mein Farq Hai.**

Jaisa Ke Mard Agar Sar Nanga Rakhkar Namaaz Padhey Tou Uski Namaaz Ho Jaayegi Lekin Agar Wahi Aurat Ka Sar Nanga Ho Matlab Odhni Waghaira Na Pehni Ho Tou Us Ki Namaaz Qubool Nahi Hogi. [Sunan Abu Daawood, Hadees (**Saheeh**) : 641]

Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ka Farmaan Hai :

"Tum Namaaz Is Tarah Padha Karo Jis Tarah Tum Ne Mujhe Namaaz Padhtey Dekha Hai." [Saheeh Al-Bukhaari : 631, 7246]

Note : Yeh Hadees Ka Farmaan Mard Aur Aurat Sab Ko Shaamil Hai.

Al-Albaani (Rahimahullaah) Kehte Hain:

"Nabi (Sallallaahu Alaihi Wa Sallam) **Ki Namaaz Ke Tareeqah Mein Jo Kuch Bayaan Kiya Gaya Hai Us Mein Mard Aur Aurat Baraabar Hai.**

Sunnat Nabawi (Yani Nabi Sallallaahu Alaihi Wa Sallam Ke Ahaadees Mein) Koi Bhi Daleel Nahin Milti Jo Yeh Taqaazaa Karti Ho Ke Us Mein Se Kuch Mein Auratein Mustasnaa (Chhoot) Hain.

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Balke Nabi Ka Amoomi Farmaan :

"Tum Namaaz Is Tarah Adaa Karo Jis Tarah Tum Ne Mujhe Adaa Kartey Dekha Hai." Auraton Ko Bhi Shaamil Hai.

[Sifat-Us-Salaatun-Nabi, Page No.189]

Faaedah : Aurat Aur Mard Ki Namaaz Mein Koi Farq Nahi Hai Donon Ki Namaaz Ka Tareeqah Ek Hi Hai Aur Woh Tareeqah Sirf Muhammad-Ur-Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ka Tareeqah Hai.

Aur Kya Aap Ne Kabhi Koi Aisi Rivaayat Padhi Hai Jis Mein Yeh Kaha Gaya Ho Ke Abu Bakr (Raziyallaahu Anhu) Haath Naaf Ke Neechey Baandha Kartey The Aur Aaishah (Raziyallaahu Anha) Seeney Par Baandha Karti Thi ?

NAMAAZ KA SAHEEH TAREEQAH.

1. Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Jab Namaaz Ke Liye Khadey Hotey Tou Qiblah (Kabah) Ki Taraf Rukh Kartey, Rafa'ul Yadain Karte (Yani Donon Haathon Ko Kaandhon Tak Uthaatey) Aur Farmaatey:"**Allahu Akbar.**"

[Sunan Ibn Maajah, (Saheeh) : 803]

Aur Farmaatey Jab Tum Namaaz Ke Liye Khadey Ho Tou Takbeer (Allaahu Akbar) Kaho.

[Saheeh Al-Bukhaari : 757]

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2. Aap Apne Donon Haath Kandhon Tak Uthatey The.

[Saheeh Bukhaari : 736]

Yeh Bhi Saabit Hai Ki Aap Apne Haath Kaanon Tak Uthaatey The.

[Saheeh Muslim: 861 Or 391 B]

Lihaazaa Donon Jaaez Hai Par Zyaadah Ahaadees Mein Kaandhon Tak Ka Zikr Aaya Hai. Aur Yaad Rahey Ki Rafaul Yadain Kartey Waqt Kaanon Ko Choona Kisi Bhi Saheeh Ahaadees Se Saabit Nahi Hai.

3. Aap (Sallallaahu Alaihi Wa Sallam) Ungliyaan Phaila Kar Rafa' Yadain Karte The. [Abu Dawood, (Saheeh) : 753]

4. Aap (Sallallaahu Alaihi Wa Sallam) Apna Daayaan (Right) Haath Baayein (Left) Par Rakhtey, Aur Usey Apne Seeney Par Rakhtey The. [Abu Daawood: 759, Saheeh]

5. Aap (Sallallaahu Alaihi Wa Sallam) Takbeer Tehreemah (First Allaahu Akbar) Ke Ba'd Yeh Duaaein Padhtey The.

Mas-Alan : Afzaliyat Ke Lihaaz Se Nabi (Sallallaahu Alaihi Wa Sallam) Se Saabit Duaaein Takbeer Tehreemah Ke Ba'd :

A : Allaahumma Baa-Id Baini... [Bukhaari, Al-Azaan, Hadees : 744]

B : Wajjahtu Wajhiya Lillazi...[Sunan Nasaai, Hadees (Saheeh) : 898]

C : Subhaanak-Allaahumma, [Abu Daawood, Hadees (Saheeh) : 775]

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6. Is Ke Ba'd Aap (Sallallaahu Alaihi Wa Sallam) Bismillaahir-Rahmaanir-Raheem Padhte The. [Sunan An-Nasaai : 906]

7. Phir Aap **Soorah Faatiha Padhte** The. [Sunan An-Nasaai : 906]

Aap Soorah Faatiha Tehar Tehar Kar Padhte The. [Abu Daawood: 4001]

Aap (Sallallaahu Alaihi Wa Sallam) Farmaatey The:

"Jo Shakhs Soorah Faatiha Naa Padhey Us Ki Namaaz Nahi Hoti."
[Saheeh Al-Bukhaari: 756]

Aur Aap (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya :

"Har Namaaz Jismey Surah Faatiha Naa Padhi Jaaye Woh Naaqis (Incomplete) Hai. (Yeh Jumlah Aap Ne 3 Baar Kaha.)"

[Sunan Ibn Maajah: 841]

8. Waail Bin Hujr (Raziyallaahu Anhu) Se Rivaayat Hai:

"Aap (Sallallaahu Alaihi Wa Sallam) Ne Is (Aameen) Ke Saath Apni Aawaaz Past (Kam) Rakhi. [Musnad Ahmad: 4/361]

9. Aap (Sallallaahu Alaihi Wa Sallam) Har Soorah Padhney Se Pehle Bismillaahir-Rahmaanir-Raheem Padhte. [Saheeh Muslim: 894 Or 400]

10. Aap (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya :

"Phir Soorah Faatiha Padho Aur Jo Allaah Chaahey Padho.

[Abu Daawood : 859]

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11. Aap (Sallallaahu Alaihi Wa Sallam) Pehli Do Rakaton Mein Surah Faatiha Aur Koi Ek Surah Padhte The. [Saheeh Muslim : 451]

Aur Aakhri Do Rakaton Mein (Sirf) Surah Faatiha Padhtey The.

[Saheeh Al-Bukhaari : 776]

12. Phir Aap (Sallallaahu Alaihi Wa Sallam) Ruku Ke Liye Takbeer (Allaahu Akbar) Kehtey. [Saheeh Al-Bukhaari : 789]

13. Abu Humaid As-Sa-Aadi (Raziyallaahu Anhu) Farmaate Hai Ke Aap (Sallallaahu Alaihi Wa Sallam) Takbeer (Allaahu Akbar) Kehte Tou Raul Yadain Karte The. [Abu Daawood, (Saheeh) : 730]

14. Aap (Sallallaahu Alaihi Wa Sallam) Jab Ruku Karte Tou Apne Haathon Se Apne Ghutney Mazbooti Se Pakadte Phir Apni Kamar Jhukaate (Aur Baraabar Karte). [Saheeh Al-Bukhaari: 828]

Aap (Sallallaahu Alaihi Wa Sallam) Ka Sar (Ruku Mein) Naa Tou Ooncha Hota Aur Naa Neecha (Balke Baraabar Hota Tha).

[Saheeh Muslim: 1110 or 498]

15. Aap (Sallallaahu Alaihi Wa Sallam) Ruku Mein

Subhaana Rabbiyal Azeem Kehte The. [Saheeh Muslim : 1814 or 772]

16. Jab Aap (Sallallaahu Alaihi Wa Sallam) Ruku Se Sar Uthaatey Tou Raul Yadain Karte Aur Sami'allaahu Liman Hamidah, Rabbana Wa Lakal Hamd Kehte The. [Saheeh Al- Bukhaari : 735]

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Aur Yeh Duaa Bhi Saabit Hai **Rabbanaa Wa Lakal Hamd, Hamdan Kaseeran Tayyiban Mubaarakan Feeh.** [Saheeh Al-Bukhaari : 799]

17. Phir Aap (Sallallaahu Alaihi Wa Sallam) **Takbeer (Allaahu Akbar) Keh Kar Sajdah Ke Liye Jhuktey.** [Saheeh Al-Bukhaari : 803]

18. Aap Ne Kaha **Jab Tum Mein Se Koi Sajdah Karey Tou Oont (Camel) Ki Tarah Naa Baithey (Balke) Apne Donon Haath Apne Ghutnon (Knees) Se Pehle (Zameen Par) Rakhey.**

[Abu Dawood, (Saheeh): 840, Nasaai: 1092]

19. Aap (Sallallaahu Alaihi Wa Sallam) **Ne Jab Sajdah Kiya Tou Apni Donon Hatheliyon Ko Apne Kaanon Ke Baraabar Rakha.**

[Abu Daawood : 726, Saheeh]

20. Sajdah Mein Aap (Sallallaahu Alaihi Wa Sallam) Apne Donon Baazuon Ko Apni Baghlon Se Hataakar Rakhtey The.

[Abu Daawood: 730, Saheeh]

Aap (Sallallaahu Alaihi Wa Sallam) Ki Baghlon Ki Safedi Nazar Aajaati Thi. [Saheeh Al-Bukhaari : 390]

21. Sajdey Mein Etidaal Karo Kuttey Ki Tarah Baazu (Ya'ni Haath) Naa Bichaao. [Saheeh Al-Bukhaari: 822 ; Saheeh Muslim: 493]

Is Hukm Mein Mard Aur Aurat Donon Shaamil Hain. Lihaazaa Auraton Ko Bhi Chaahiye Ke Sajdah Mein Apne Baazu Na Bichaaye.

22. Aap (Sallallaahu Alaihi Wa Sallam) **Jab Sajdah Karte Tou Agar Bakri Ka Bachcha Aapki Baazuon Se Guzarna Chaahta Tou Guzar Sakta Tha.**
[Saheeh Muslim : 1107 or 496]

Ya'ni Aap (Sallallaahu Alaihi Wa Sallam) Apne Seeney (Chest) Aur Peyt (Stomach) Ko Zameen Se Buland Rakhtey The, **Auraton Ke Liye Bhi Yahī Hukm Hai. Aap (Sallallaahu A'laihi Wa Sallam) Ne Kaha:"Tum Namaaz Us Tarah Padho Jis Tarah Mujhey Padhtey Dekhte Ho.** [Saheeh Al-Bukhaari : 631]

23. Sajdah Mein Bandah Apne Rabb Ke Intihaai Qareeb Hota Hai Lihaazaa **Sajdah Mein Khoob Duaaein Karni Chaahiye.**
[Saheeh Muslim: 1083 or 482]

24. Aap (Sallallaahu Alaihi Wa Sallam) **Sajdey Ki Haalat Mein Apne Donon Paaun Ki Ediyaan (Ankles) Milaa Deytey The Aur Unka Rukh Qiblah Ki Taraf Hota Tha.** [Al-Baihaaqi, (Saheeh) : 2/116]

Sajdey Mein Aap (Sallallaahu Alaihi Wa Sallam) Apne **Donon Khadam Khadey Rakhte The.** [Saheeh Muslim : 1090 or 486]

25. Aap (Sallallaahu Alaihi Wa Sallam) Takbeer (Allaahu Akbar) Keh Kar Sajdey Se Sar Uthaatey Aur Apna Baayaan (Left) Paaun Bichaa Kar Us Par Baith Jaatey. [Abu Daawood: 730]

Aap Sajdey Se Sar Uthaatey Waqt Rafaul Yadain Nahi Kartey The.
[Saheeh Al-Bukhaari : 738]

26. Aap Ki Sunnat Yeh Hai Ke Daayaan (Right) Paaun Khada Karke Baayaan (Left) Paaun Bichaa Diya Jaaye. [Saheeh Al-Bukhaari: 827]

27. Aap Sajdey Se Uthkar (Jalsey Mein Ya'ni Donon Sajdon Ke Darmiyaan Jo Waqt Hota Hai Us Mein) Thodi Der Baithey Rehte. [Saheeh Al-Bukhaari: 818]

Yahaan Tak Ke Ba'z Kehney Waala Keh Deta: "Aap Bhool Gaye Hain." (Ya'ni Itni Der Tak Baith Tey) [Saheeh Al-Bukhaari: 821]

28. Aap (Sallallaahu Alaihi Wa Sallam) Jalsah Mein (Ya'ni **Donon Sajdon Ke Darmiyaan** Jo Waqt Hota Hai Us Mein) **Rabbighfir Lee, Rabbighfir Lee Padhte The.** [Abu Daawud : 874]

29. Aap (Sallallaahu Alaihi Wa Sallam) **Sajdey Mein "Subhaana Rabbiyal-Alaa" Padhte The.** [Saheeh Muslim: 1814 or 772]

30. Phir Aap (Sallallaahu Alaihi Wa Sallam) Takbeer (Allaahu Akbar) Kehkar Doosrey Sajdah Se Sar Uthaatey The. [Saheeh Al-Bukhaari: 789]

31. Phir Aap (Sallallaahu Alaihi Wa Sallam) Zameen Par (Donon Haath Rakhkar) I'timaad Kartey Huye (Doosri Rakat Ke Liye) Uth Khadey Hotey. [Saheeh Al-Bukhaari: 824]

32. Surah Faatiha Se Pehle Bismillaahir-Rahmaanir-Raheem Padhney Ka Zikr Guzar Chuka Hai. [Sunan An-Nasaai : 906]

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Bismillaah Se Pehle A'oozu Billaahi Minash-Shaytaanir-Rajeem Padhna Bhi Jaaez Hai Balke Behtar Hai. [Soorah An-Nahl, Aayat : 98]

33. Doosri Rakat Mein Doosrey Sajdah Ke Ba'd Tashahhud Ke Liye Baith Jaaney Ke Ba'd Aap (Sallallaahu A'laihi Wa Sallam) Apna Daayaan (Right) Haath Daayein Ghutney (Knee) Par Aur Baayaan (Left) Haath Baayein Ghutney Par Rakhtey The.

[Saheeh Muslim :1307 or 579]

34. Aap Apne Daayein (Right) Haath Ki Ungliyon Se Tirpan (53) Ka Halqah (Circle) Banaatey Aur Shahaadat Ki Ungli Se Ishaarah Karte The. [Saheeh Muslim : 1310]

35. Aap (Sallallaahu Alaihi Wa Sallam) Apni Shahaadat Ki **Ungli Ko Harkat Detey Rehte The.**

[Nasaai (Saheeh) : 1269, Ibn Khuzaimah: 714, Ibn Hibbaan-Al-Ahsaan: 1857]

36. Aap Apni Tashahhud Ki **Ungli Ko Qiblah Rukh Kartey Aur Usi Ki Taraf Dekhtey** Rehte. [An-Nasaai (Saheeh) : 1161; Ibn Khuzaimah : 719]

37. Aap (Sallallaahu Alaihi Wa Sallam) **Do Rakaton Ke Ba'd Waaley Tashahhud Aur Chaar Rakaton Waaley (Aakhri) Tashahhud, Donon Tashahhudon Mein Yeh (Shahaadat Ki Ungli Se) Ishaara Karte The.**
[Sunan An-Nasaai : 1162, Saheeh]

NOTE : Laa Ilaaha Par Ungli Uthaana Aur Illal-Laah Par Rakh Dena Kisi Bhi Saheeh Hadees Se Saabit Nahi Hai, Balke Ahaadees Ke

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Umoom Se Yahy Saabit Hota Hai Ki Shuru Se Aakhir Tak Halqa Banaakar Shahaadat Waali Ungli Uthaayi Jaaye. Rasool Allaah (Sallallaahu A'laihi Wa Sallam) Ne Dekha Ki Ek Shakhs Tashahhud Mein Do (2) Ungliyon Se Ishaarah Kar Raha Tha, Tou Aap (Sallallaahu Alaihi Wa Sallam) Ne Kaha: **"Ahhid Ahhid" Sirf Ek Ungli Se Ishaara Karo.** [Jaami At-Tirmizi, Hadees : 3557 ; An-Nasaai, Hadees (Saheeh) : 1273]

38. Nabi (Sallallaahu Alaihi Wa Sallam) Tashahhud Mein Darj Zeil Duaa (Attahiyyaat) Sikhaatey The.

"Attahiyaatu Lillaahi Wassalawaatu, Wattayyibaatu, Assalamu'alaika Ayyuhan-Nabiyyu Wa Rahmatullaahi Wa Barakaatuhu, Assalaamu A'laina Wa A'laa Ibaadillaahis-Saaliheen. Ash-Haduallaa Ilaaha Illallaahu Wa Ash-Hadu Anna Muhammadan Abduhu Wa Rasooluhu." [Saheeh Al-Bukhaari : 1202]

39. Phir Aap (Sallallaahu Alaihi Wa Sallam) **Durood-E-Ibraaheem** Padhney Ka Hukm Detey The.

"Allahumma Salli A'laa Muhammadin Wa A'laa Aali Muhammadin Kamaa Sallaita A'laa Ibraaheema Wa A'laa Aali Ibraheema Innaka Hameedum Majeed.

Allahumma Baarik A'ala Muhammadin Wa A'laa Aali Muhammadin Kamaa Baarakta A'ala Ibraheema Wa A'ala Aali Ibraaheema Innaka Hameedum Majeed." [Saheeh Al-Bukhaari : 3370]

40. Do Rakatein Mukammal Hogayi, Ab Agar Do Rakaton Waali Namaaz (Mas-Alan Salaat-Ul-Fajr) Hai. Tou Duaa Padhkar Donon Taraf Salaam Pherdein Aur Agar Teen Ya Chaar Rakaton Waali Namaaz Hai Tou Takbeer (Allaahu Akbar) Kehkar Khadey Ho Jaayein.

REFERENCE: Pehle Tashahhud Mein (Ya'ni Doosri Rakat Waali Tashahhud) Mein Durood Padhna Behtar, Aam Daleelon Mein **"Qooloo" (Ya'ni "Tum Sab Kaho") Ke Saath Iska Hukm Aaya Hai Ke Durood Padho**, Is Hukm Mein Aakhri Tashahhud Ya Pehle Tashahhud Ki Koi Takhsees Nahin Hai, Aur Jaanney Ke Liye Dekhiye Sunan Nasaai, Hadees : 1721, Sunan Kubraa : 2/499-500 **Aur Is Ki Sanad Saheeh Hai.**

NOTE: Agar Koi Shakhs Pehle Tashahhud Mein Durood Na Padhey Aur Sirf Attahiyyaat Padhkar Hi Khada Hojaye Tou Yeh Bhi Jaaez Hai Jaisa Ke Abdullah Bin Mas'ood Ne Attahiyyaat (Abduhu Wa Rasooluhu Tak) Sikhakar Farmaaya: "Phir Agar Namaaz Ke Darmiyaan (Pehle Waaley Tashahhud) Mein Ho Tou Uthkar Khada Hojaye." [Musnad Ahmad: 1/459 H: 4382, **Sanad Hasan**]

41. Jab Aap (Sallallaahu A'laihi Wa Sallam) Do Rakatein Padhkar Uhtey Tou (Uhtey Waqt) Takbeer (Allaahu Akbar) Kehte [Bukhaari: 789, 893] Aur Phir Rafaul Yadain Karte The.

[Saheeh Al-Bukhaari: 739]

42. Teesri Rakat Bhi Doosri Rakat Ki Tarah Padhni Chaahiye, Siwaaye Yeh Ke **Teesri Aur Chauthi (Aakhri Donon) Rakaton Mein Sirf Surah Faatiha Padhni Chaahiye Aur Us Ke Saath Koi Soorat Waghaira Nahin Milaana Chaahiye** Jaisa Ke Abu Qataadah (Raziyallaahu Anhu) Ki Bayaan Kardah Hadees Se Saabit Hai. [Saheeh Al-Bukhaari : 776]

43. Chauthi Rakat Bhi Teesri Rakat Ki Tarah Padhey.

Note : Matlab Sirf Surah Faatiha Hi Padhey, Taa Hum Teesri Aur Chauthi Rakaton Mein Sirf Surah Faatiha Ke Alaavah Soorat Vaghairah Padhna Jaaez Hai Jaisa Ke [Saheeh Muslim Ki Hadees No. 1014 or 452] Se Saabit Hain.

44. Aap (Sallallaahu Alaihi Wa Sallam) Chauthi Rakat (Ke Tashahhud) Mein **Tavarruk Karte The.** [Saheeh Al-Bukhaari : 828]

Tavarruk Ka Matlab Yeh Hai Ke "**Namaazi Ke Daayein (Right) Kulhe (Hip) Ko Daayein (Right) Pair (Leg) Par Is Tarah Rakhna Ke Woh Khada Ho, Aur Ungliyon Ka Rukh Qiblah Ki Taraf Ho, Neez Baayein (Left) Kulhe Ko Zameen Par Teikna Aur Baayein (Left) Pair (Leg) Ko Phaila Kar Daayein (Right) Taraf Nikaalna.**" [Abu Daawood : 693]

45. Chauthi Rakat Mukammal Karne Ke Ba'd **Attahiyyaat Aur Durood Padhein.**

46. Phir Uske Ba'd Jo Duaa Pasand Ho Arabi Zabaan Mein Padhlein. [Saheeh Al-Bukhaari: 835]

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47. Chand Duaaein Darj Zeil Hai Jinhein Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Padhtey Aur Padhney Ka Hukm Detey.

Mas-Alan :

“Allahumma Inni Aoozubika Min Azaabil Qabr Wa Minan-Naar, Wa Min Fitnatil Mahyaa Walmamaati, Wa Min Fitnatil-Maseehid-Dajjaal.” [Saheeh Al- Bukhaari: 1377]

Nabi (Sallallaahu Alaihi Wa Sallam) Is Duaa [Al-Bukhaari : 1377] Ka Hukm Detey The [Muslim: 1324 Or 588] Lihaazaa **Yeh Duaa Tashahhud Mein Saari Duaaon Se Behtar Hai.**

48. Duaa Ke Ba'd Aap Daayein (Right) Aur Baayein (Left) Taraf Salaam Pher Detey The. [Saheeh Muslim : 1313 Or 581, 1315 Or 582]

49.Phir Aakhir Mein Assalaamu'alaikum Wa Rahmatullaah, Assalaamu'alaikum Wa Rahmatullaah Kehkar Salaam Pher Dey.

[Abu Daawood (**Saheeh**) : 996]

Alhumdulillaah Poori Namaaz Mukammal Hogayi.

IMAAM KE PEECHEY SOORAH FAATIHA PADHNEY KE DALAAEL.

1. Nabi (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya: “Us Shakhs Ki Namaaz Nahi Jis Ne Soorah Faatiha Nahi Padhi.”

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Is Hadees Mein (Mann) Ka Lafz Aam Hai Jo Har Namaazi Ko Shaamil Hai. Munfarad Ho Ya Imaam, Ya Imaam Ke Peechey Muqtadi. Sirri (Jis Mein Qira-At Nahi Hoti Woh) Namaaz Ho Ya Jahri (Jis Mein Qira-At Aawaaz Se Hoti Hai Woh) Namaaz, Farz Namaaz Ho Ya Nafal. Har Namaaz Ke Liye Soorah Faatiha Padhna Zaroori Hai.

[Saheeh Al-Bukhaari, Hadees : 756]

2. Aur Ek Hadees Mein Aata Hai Jo Ke Nabi (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya: "Tum Aisa Mat Kiya Karo (Ya'ni Saath Saath Mat Padha Karo) Albatta Soorah Faatiha Zaroor Padha Karo, Kyun Ke Is Ke Padhey Baghair Namaaz Nahi Hoti."

[Sunan Abu Daawood, Kitaab-Us-Salaah, Hadees : 824]

3. Abu Hurairah (Raziyallaahu Anhu) Ka Bayaan Hai Ke,

Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya :

"Jis Ne Namaaz Me Soorah Faatiha Nahi Padhi Tou Us Ki Namaaz Poori Nahi Huyi Balke Us Ki Namaaz Naaqis (Incomplete) Rahi. Yeh Jumla Aap (Sallallaahu Alaihi Wa Sallam) Ne Teen Baar Irshaad Farmaaya Logon Ne Poocha Ke Jab Hum Imaam Ke Peechey Ho Tou Kya Karey ?

Abu Hurairah (Raziyallaahu Anhu) **Ne Jawaaban Kaha Us Waqt Tum Log Aahista Soorah Faatiha Padh Liya Karo...(Hadees Ki Aakhir Tak)**

[Saheeh Muslim, Kitaab Us-Salaah, Hadees : 878]

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Ab Raha Mas-Ala Qur-Aan Ki Aayat Ka, [Surah Al-A'raaf Aayat : 204] "Jab Qur-Aan Padha Jaaye Tou Suno Aur Khaamosh Raho, Aur Hadees "Jab Imaam Qira-at Karey Tou Khaamosh Raho".

Is Ka Matlab Yeh Hai Ke Jahri Namaaz Mein Muqtadi Soorah Faatiha Ke Alaavah Baaqi Qira-At Khaamoshi Se Suney. Imaam Ke Saath Qur-Aan Na Padhein. Ya Imaam Soorah Faatiha Ki Aayaat Waqfon Ke Saath Padhein Taake Muqtadi Bhi Ahaadees Saheehah Ke Mutaabiq Soorah Faatiha Padh Sakein, Ya Imaam Soorah Faatiha Ke Ba'd Itna Sakta Karey Ke Muqtadi Soorah Faatiha Padhlein.

Is Tarah Aayat Qur-aani Aur Ahaadees Saheehah Mein Alhumdulillaah Koi Taaruz Nahi Rehta. Donon Par Amal Ho Jaata Hai. Maloom Hua Ke Imaam Ke Peechey Ho Ya Akele Ho Tab Bhi Soorah Faatiha Padhna Laazim Hai.

IMAAM KI PAIRVI KARNEY AUR HAR EK KAAM IMAAM KE BA'D KARNE KA BAYAAN.

Baraa (Raziyallaahu Anhu) Se Rivaayat Hai Ke

Woh Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ke Saath Namaaz Padhtey The. **Aap** (Sallallaahu Alaihi Wa Sallam) **Ruku Kartey The Hum Bhi Ruku Kartey The** Aur Jab **Ruku Se Sar Uthaatey Aur (Sami' Allaahu Liman Hamidah)** Kehte Tou Hum Khadey Rehte Yahaan Tak

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Ke Aap (Sallallaahu Alaihi Wa Sallam) **Ko Zameen Par Peshaani Rakhte Dekhtey Us Waqt Hum Bhi Sajdey Mein Jaatey.**

[Saheeh Muslim, Kitaab Us-Salaah, Hadees : 1064]

RUKU YA SAJDAH MEIN IMAAM SE PEHLE SAR UTHAANEY WAALEY KA GUNAAH ?

Raavi-e-Hadees **Abu Hurairah** (Raziyallaahu Anhu),

Nabi (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya :

"Kya Tum Mein Se Woh Shakhs Jo **(Ruku Ya Sajdey Mein) Imaam Se Pehle Apna Sar Uthaa Leta Hai Is Baat Se Nahi Darta Ke Kahin Allaah Paak Us Ka Sar Gadhey (Donkey) Ke Sar Ki Tarah Banaadey Ya Us Ki Soorat Gadhey Ki Si Soorat Banaadey.**"

[Saheeh Al-Bukhaari, Hadees : 691]

NAMAAZ MEIN IDHAR UDHAR DEKHNEY KA BAYAAN.

Raavi-e-Hadees **Abu Zarr** (Raziyallaahu Anhu),

Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya :

"**Banda Jab Namaaz Mein Hota Hai Tou Allaah Azza Va Jall Us Ki Taraf Baraabar Mutawajjey Rehta Hai Jab Tak Ke Woh Idhar Udhar Na Dekhey. Jab Woh Idhar Udhar Dekhney Lag Jaaye Tou Allaah Bhi Us Se Mooh Modleta Hai.**" [Sunan Abu Daawood, Hadees : 909, Hasan]

NAMAAZ MEIN NAZAR UTHAANEY KA MAS-ALA.

Raavi-e-Hadees **Anas Bin Maalik** (Raziyallaahu Anhu),

Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ne Farmaaya :

"Logon Ko Kya Hua Hai Ke Apni Namaazon Ke Duraan Nazrein Uthaa Letey Hain ?" Aap Ka Farmaan Is Baarey Mein Sakht Hogaya Aur Farmaaya : "Yeh Log Apne Is Amal Se Baaz Aajaein Warna Un Ki Nazrein Uchakli Jaayegi." (Ya'ni Unki Aakhein Nikaal Li Jaayegi)."

[Sunan Abu Daawood, Hadees : 913]

NAMAAZ MEIN SIRF SAJDEY KI TARAF NAZAR RAKHNA.

Raavi-e-Hadees **Anas** (Radiyallaahu Anhu),

Rasool Allaah (Sallallaahu Alaihi Wasallam) Ne Anas (Raziyallaahu Anhu) Se (**Mukhaatib Ho Kar**) Farmaaya :

"Aye Anas ! Tu Apni Nazar Sajdey Ki Jagah Par Rakh.

Vazaahat : Is Mas-Aley Mein Ba'z Logon Ka Yeh Kehna Hai Ke Qayaam Mein Nazar Sajdah Ki Jagah Rahey Aur Ruku Ki Haalat Mein Qadmon Ki Jaanib Aur Sajdah Ki Haalat Mein Naak Ki Jaanib Aur Tashahhud Ki Haalat Mein Pehlu Ki Taraf Rahey, Yeh Sab Manghadat Baatein Hai Aur Kisi Bhi Hadees Se Saabit Nahi.

SOURCES : [Meezaan-UI-I'tidaal Jild 3 Safa 303, Mishkaat Allaama Albaani Jild 1 Safah 315, Mar-Aat Jild 3, Safah 15]

[Mishkaat-UI-Masaabeeh, Kitaab Us-Salaah, Hadees : 996]

UNGLI KA ISHAARA AUR HARKAT DENA.

Raavi-e-Hadees **Waail Bin Hujr** (Raziyallaahu Anhu),

(Ek Baar) Mai Ne (Apne Dil Mein) Kaha : **Main Zaroor Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ki Namaaz Ko Ghaur Se Dekhunga Ke Aap Kaisey Namaaz Padhte Hai ?**

Chunaachey Mai Ne (Ghaur Se) Aap Ki Taraf Dekha. **Aap Khadey Huye, Allaahu Akbar Kaha Aur Apne Donon Haath Uthaaye Hatta Ke Woh Aap Ke Kaanon Ke Baraabar Ho Gaye.** Phir Aap Ne **Apna Daayaan (Right) Haath Apne Baayein (Left) Haath (Ko) Jod Aur Kalaai Par Rakha.**

Phir Jab Aap Ne **Ruku Karney Ka Iraada Farmaaya** Tou Aap Ne Usi (**Pehle Rafaul Yadain Ki**) **Tarah Haath Uthaaye** Aur Aap Ne Apne Haath Ghutnon (Knees) Par Rakhey. Phir Jab **Aap Ne Apna Sar Uthaaya** Tou Usi **Tarah Rafaul Yadain Kiya.**

Phir Sajdah Kiya Tou **Apne Donon Haathon Ko Apne Kaanon Ke Baraabar Rakha.** Phir Baithey Aur Apna Baayaan (Left) Paaun (Leg) Bichaa Liya Aur Apni Baayein (Left) Hatheli Apni Baayein (Left) Raan (Thigh) Aur Ghutney Par Rakhi Aur Apni Daayein (Right) Kohni (Elbow) Ka Kinaara Apni Daayein Raan Par Rakha.

Phir Haath Ki Do Ungliyaan Band Ki Aur (Darmiyaani Ungli Aur Anghotey Se) Halqah (Circle) Banaaya.

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Phir **Apni (Tashahhud Ki) Ungli Ko Uthaaya, Chunaachey Main Ne Dekha, Aap Usey Harkat Detey The Us Ke Saath Duaa Karte The.**

[Sunan An-Nasaai, Hadees (Saheeh) : 890]

NAMAAZ MEIN RUKU AUR SAJDAH SUNNAT KE MUTAABIQ JIS NE NAHI KIYA USKA HUKM ?

Raavi-e-Hadees **Abu Waail,**

Huzaifa (Raziyallaahu Anhu) Ne **Ek Shakhs Ko Dekha Jo Ruku Aur Sajdah Poori Tarah Nahi Karta Tha.** Jab Us Ne Apni Namaaz Poori Karli Tou Huzaifa (Raziyallaahu'anhu) Ne Farmaaya Ke **Tum Ne Namaaz Hi Nahi Padhi.**

Abu Waail (Raavi-e-Hadees) Ne Kaha Ke Mujhe Yaad Aata Hai Ke Huzaifah (Raziyallaahu Anhu) Ne Yeh Bhi Farmaaya Ke : **“Agar Tu Aisi Hi Namaaz Par Marjaata Tou Muhammad (Sallallaahu A'laihi Wa Sallam) Ki Sunnat Par Nahin Marta.”** [Saheeh Al-Bukhaari, Hadees : 389]

SAJDAH AUR RUKU SAHEEH KARNE KA BAYAAN.

Raavi-e-Hadees **Zaid Bin Wahb,**

Huzaifa (Raziyallaahu Anhu) Ne Ek Shakhs Ko Dekha Ke Na Ruku Poori Tarah Karta Hai Na Sajdah. Is Liye Aap Ne Us Se Kaha Ke Tum Ne Namaaz Hi Nahi Padhi Aur **Agar Tum Margaye Tou Tumhaari Maut**

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Us Sunnat Par Nahin Hogi Jis Par Allaah Ta'aalaa Ne Muhammad (Sallallaahu Alaihi Wa Sallam) Ko Paida Kiya Tha.

[Saheeh Al-Bukhaari, Kitaab Ul-Azaan, Hadees : 791]

Un Logon Ko Ghaur Karna Chaahiye Jo Rasool Allaah Ke Bataaye Huye Tareeqey Par Namaaz Nahi Padhtey. Yahaan Tou Us Shakhs Ko Namaaz Hi Nahi Padhi Kaha Gaya Hai Phir Jabke Woh Sirf Ruku Aur Sujood Theek Se Nahi Karraha Tha. **"Agar Hum Chaar Mash-Hoor Imaamon Jaisi Namaaz Nahi Padhengey Un Ki Baaton Ko Nahi Maanengey Tou Allaah Ki Qasam Aap Se Sawaal Nahi Hoga"** Ke Aap Ne Un Ki Baat Kyun Nahi Maani.

Lekin "Agar Aap Ne Rasool Allaah (Sallallaahu Alaihi Wa Sallam) Ki Baat Ka Inkaar Kiya Tou Yaqeen Jaaniye Aap Se Qiyaamat Ke Din Zaroor Sawaal Hoga."

Aur Allaah Ke Nazdeek **Wohi Amal Qubool Hoga Jo Nabi (Sallallaahu Alaihi Wa Sallam) Ke Bataaye Huye Tareeqey Par Ho.**

Aaj Hamaare Beech Kitne Aisey Log Hai Jo Khud Tehqeeq Karkar Apni Namaaz Nabi (Sallallaahu Alaihi Wa Sallam) Jaisi Padhte Hain ?